

# E+ROSE CATERING

Elevate your next gathering with the nourishing flavors of E+ROSE Wellness. Our dietitian developed, plant forward, superfood menu is thoughtfully crafted with organic, nutrient-dense ingredients designed to fuel and energize.

## HALF WRAPS

KATALINA WRAP \*

NASHVILLE HOT KALE WRAP \*

RAINBOW WRAP \*

FALAFEL HUMMUS WRAP (NF)

MIX & MATCH UP TO 2 VARIETIES:

10 halves // \$65

25 halves // \$150

50 halves // \$280

## SALADS

NASHVILLE HOT KALE SALAD \*

CURRIED LENTIL SALAD (NF)

WEST BY SOUTHWEST \*

SUPER CAESAR (NF) \*\*

MIX & MATCH UP TO 2 VARIETIES:

10 servings // \$135

25 servings // \$325

50 servings // \$635

## BOOSTER BITES

BANANA BREAD (GF) \*

BROWNIE BITES (GF) \*

COOKIE DOUGH BITES (GF) \*

STRAWBERRY BITES (GF) \*

SUNFLOWER BITES (GF, NF)

20 bites served on tray; option for 1-2 flavor per tray:

Single variety // \$38 per tray

Combo variety // \$40 per tray

## LUNCH BOX

KATALINA WRAP + HOUSE SALAD BOX \*

NASHVILLE HOT KALE WRAP BOX \*

CURRIED LENTIL WRAP BOX (NF)

MEDITERRANEAN BOX (NF)

10 boxes // \$165

25 boxes // \$400

50 boxes // \$775



\* Contains Nuts    GF - Gluten Free

\*\* Contains Soy    NF - Nut Free

# ORGANIC COLD-PRESSED JUICES

## FAN FAVORITES

### THE COLD SNAP

anti-nausea | anti-bacterial | calming + soothing  
*apple, ginger, mint, kale, spinach, parsley, chard*

### MUSIC CITY SUNRISE

anti-inflammatory | vitamin laden  
*apple, carrot, turmeric, lemon, ginger*

## GREENS

### ORGANIC G6

alkalizing | detoxifying | immune-boosting  
*cucumber, celery, kale, spinach, parsley, ginger, lemon*

### OCEAN WATER

anti-inflammatory | antioxidant  
*cucumber, green apple, lemon, blue spirulina*

## ROOTS

### BROADWAY REMEDY

liver cleansing | hydrating  
*pineapple, red beet, coconut water, lime*

### SOUTHERN BEET

phytonutrients | liver cleansing | oxygenating  
*orange, red beet, pineapple, carrot, collards, ginger*

## CITRUS

### 6-SHOOTER

flu busting | anti-bacterial | metabolism boosting  
*orange, grapefruit, lemon, turmeric, ginger, cayenne*

## 32OZ. JUICE JUG BULK ORDER PRICING

4 Jugs (serves 12-16) // \$99

8 Jugs (serves 24-32) // \$195

16 Jugs (serves 48-64) // \$380

24 Jugs (serves 72-96) // \$750

## E+ROSE WELLNESS WATER

Locally sourced alkaline artesian water – naturally filtered and purified through the mountains of Tennessee. Found 5,000 feet below the surface, filtered through 500 million-year-old rock formations, naturally alkaline, and completely free from any surface pollutants.

Our Wellness Water is untouched, ultra-pure, and unrivaled.

12-pack of 1L Bottles // \$30



*All prices are subject to additional tax and fees.  
For additional details on menu items and ingredients,  
please visit online at [eandrose.com](http://eandrose.com) to learn more.*