

E+ROSE CATERING

HALF WRAPS

THE KATALINA WRAP *

Fluffy quinoa rolled in a seed-oil free tortilla with house marinated black beans, our signature spicy cashew + pumpkin seed sauce with house pico de gallo. Served with our scratch prepped salsa for dipping.

NASHVILLE HOT KALE WRAP *

Massaged kale and freshly chopped cucumber wrapped in a seed-oil free tortilla with our signature spicy cashew + pumpkin seed sauce, and a side of baked crunchy chickpeas.

RAINBOW WRAP (NF)

Our house-made curried lentil cakes with arugula, cabbage, crunchy bell peppers, and our house made goddess pesto sauce wrapped in a wholesome seed-oil free tortilla.

BEET FALAFEL HUMMUS WRAP (NF) *

House-made chickpea, herb, and beet falafel with cucumbers, grape tomatoes, mixed greens and our house-made hummus all wrapped in a wholesome seed-oil free tortilla.

10 halves (up to 2 varieties) // \$65

25 halves (mix & match) // \$150

50 halves (mix & match) // \$280

LUNCH BOX

KATALINA WRAP + HOUSE SALAD BOX *

NASHVILLE HOT KALE BOX *

CURRIED LENTIL SALAD BOX (GF, NF)

MEDITERRANEAN BOX (NF)

All boxes served with a side of fresh fruit.

10 boxes // \$165

25 boxes // \$400

50 boxes // \$775

* Contains Nuts GF - Gluten Free

** Contains Soy NF - Nut Free

ALL PRICES ARE SUBJECT TO ADDITIONAL TAX AND FEES.

SALADS

WEST BY SOUTHWEST SALAD (GF) *

Higher protein black (forbidden) rice on top of fresh spinach and arugula with our house pico de gallo, signature spicy cashew + pumpkin seed sauce, corn, and house marinated black beans.

NASHVILLE HOT KALE SALAD (GF) *

Marinated kale topped with sliced cucumber, hemp seeds, cashews, our signature spicy cashew + pumpkin seed dressing. Served with a side of baked crunchy chickpeas.

CURRIED LENTIL SALAD (GF, NF)

House-made curried lentil cakes over a bed of arugula and mixed greens, topped with red cabbage, bell peppers, carrots and hemp seeds. Served with our creamy avocado goddess dressing.

SUPER CAESAR SALAD (GF, NF) **

Shredded kale, tricolor quinoa, crumbled baked tofu, grape tomatoes, sunflower parmesan, and our house-made caesar dressing.

10 servings (up to 2 varieties) // \$135

25 servings (mix & match) // \$325

50 servings (mix & match) // \$635



BOOSTER BITES

BANANA BREAD BITES (GF) *

fiber | protein boost
cashews, pecans, bananas, pea protein, cinnamon, vanilla, Himalayan salt, dates, honey

COOKIE DOUGH (GF) *

fiber | protein boost
almond flour, peanut butter, chia seeds, flax seeds, cacao nibs, vanilla, Himalayan salt, pea protein, cinnamon, dates, honey, shredded coconut

BROWNIE BITES (GF) *

antioxidants | brain boost
walnuts, vanilla, Himalayan salt, cacao powder, dates, shredded coconut

STRAWBERRY CHIA (GF) *

bone health | healthy fats
almond flour, strawberry powder, beet powder, vanilla, chia seeds, Himalayan salt, dates, shredded coconut

SUNFLOWER BITES (GF, NF)

heart-healthy fats | high in vitamin e
sunflower butter, honey, shredded coconut, flax seeds, sunflower seeds, vanilla

20 BITES SERVED ON TRAY

Single variety // \$40 per tray

Combo variety // \$42 per tray

ORGANIC COLD-PRESSED JUICES

FAN FAVORITES

THE COLD SNAP

anti-nausea | anti-bacterial | calming + soothing
apple, ginger, mint, kale, spinach, parsley, chard

MUSIC CITY SUNRISE

anti-inflammatory | vitamin laden
apple, carrot, turmeric, lemon, ginger

GREENS

ORGANIC G6

alkalizing | detoxifying | immune-boosting
cucumber, celery, kale, spinach, parsley, ginger, lemon

OCEAN WATER

anti-inflammatory | antioxidant
cucumber, apple, lemon, blue spirulina

CITRUS

6-SHOOTER

flu busting | anti-bacterial | metabolism boosting
orange, grapefruit, pineapple, lemon, turmeric, ginger, cayenne

32OZ. JUICE JUG BULK ORDER PRICING

4 Jugs (serves 12-16) // \$99

8 Jugs (serves 24-32) // \$195

16 Jugs (serves 48-64) // \$380

24 Jugs (serves 72-96) // \$750

ROOTS

BROADWAY REMEDY

liver cleansing | hydrating
pineapple, red beet, coconut water, lime

SOUTHERN BEET

phytonutrients | liver cleansing | oxygenating
orange, red beet, pineapple, carrot, collards, ginger

WELLNESS WATER

Locally sourced alkaline artesian water – naturally filtered and purified through the mountains of Tennessee. Found 5,000 feet below the surface, filtered through 500 million-year-old rock formations, naturally alkaline, and completely free from any surface pollutants.

Our Wellness Water is untouched, ultra-pure, and unrivaled.

12-pack of 1L Bottles // \$30

